



# Warm Welcome

**Sec 2 Meet-Parent-Session 2026 (G2)**



**ONWARD**  
**Gan Eng Seng School**





# Programme

Holistic Development of Gessians

Post-Secondary Education Options

Subject Combinations and Considerations

Q & A



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Adaptive & Inventive Thinking

Leveraging EdTech to enhance T&L



Global & Cross-cultural Literacy

Character & Citizenship Education



# Gessians of Excellence, Standing & Significance



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**Gessian Experience Week – Sec 2 OALC**



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## THE GESSIAN PORTRAIT



### PRINCIPLED LEADER

*Demonstrates integrity and moral courage in word and deed*

### ENGAGED LEARNER

*Constructs and communicates knowledge using both self-directed and collaborative means*

### REFLECTIVE & INNOVATIVE THINKER

*Adapts to complexities, applies inventive thinking and innovates for a better*



### ACTIVE CITIZEN

*Thinks globally and exhibits civic literacy*



# What is important for Sec 2s this year?

- Balance academic work with CCA and other school-based activities for holistic development, which includes mental well-being
- Be familiar with the different post-secondary educational pathways available
- Build strength of character and leadership skills



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# Understanding Post-secondary Education Options

# Secondary School Experience and Post-secondary Pathways under Full SBB

2024

2026

2027

2028

**Implementation of Full SBB in Secondary Schools**

**Relaxation of PFP entry requirements**

The minimum grade requirement of two 'Best' subjects from N(A)-Level will be relaxed from Grade 3 to Grade 4 from the AY 2024 intake for PFP.

**Transition to 3-year Higher NITEC**

Transition of ITE's 3-year Higher NITEC structure is under way and will be completed by the 2026 ITE intake.

**Structuring of PFP admissions to a cluster-based approach**

From the AY 2026 PFP intake, admissions to the PFP will be restructured to a cluster-based approach. Students in the PFP can enter one of three key broad clusters: (i) Sciences (ii) Design, Engineering & Technology or (iii) Humanities, Art, Media and Business, before posting to a specific diploma course based on their interest and PFP performance.

**Singapore-Cambridge Secondary Education Certificate (SEC) examination**

From the 2027 graduating cohort, students will sit for the new Singapore-Cambridge Secondary Education Certificate (SEC) examination, comprising different papers for each subject level.

**Polytechnics to be more accessible to a wider profile of**

More students taking G3 subjects or a mix of G3 & G2 subjects can join the PFP, from the AY 2028 intake for PFP.

Students will be able to offer one [B] subject at G2 to compute their ELR2B2 score for admission to Polytechnic Year 1.

**Change in JC admission criteria**

Adjustment of the JC admission criteria from  $L1R5 \leq 20$  to  $L1R4 \leq 16$  from the 2028 JAE cohort.

***New Details for JC Admission Criteria***

# Post-Sec Pathways - Subject Requirements

Students taking at least	POST-SEC PATHWAYS							
	3-Year Higher Nitec	2-Year Higher Nitec	NAFA Foundation Programme (NFP)	Arts Institutions	Polytechnic Foundation Programme (PFP)	Polytechnic Year 1	Millennia Institute	Junior College
5 G3 subjects	✓	✓	NEW ✓	✓	NEW ✓	✓	✓	NEW ✓
4 G3 + 1 G2 subjects	✓	✓	NEW ✓	NEW ✓	NEW ✓	NEW ✓		
5 G2 subjects	✓	✓	✓		✓			
4 G1 subjects	✓	NEW* ✓						

\*Students who offer 4 G1 subjects will join Year 1 of Higher Nitec, and may be offered the accelerated pathway if they meet academic requirements during their Year 1 Semester 1 examinations. This pathway will allow them to attain a Higher Nitec in a shorter duration of about two years.

# JC or Poly? Or ITE ?

## JC/MI

In-depth study of a few subjects

Theory-based learning

One major exam

Structured timetable

## POLYTECHNIC

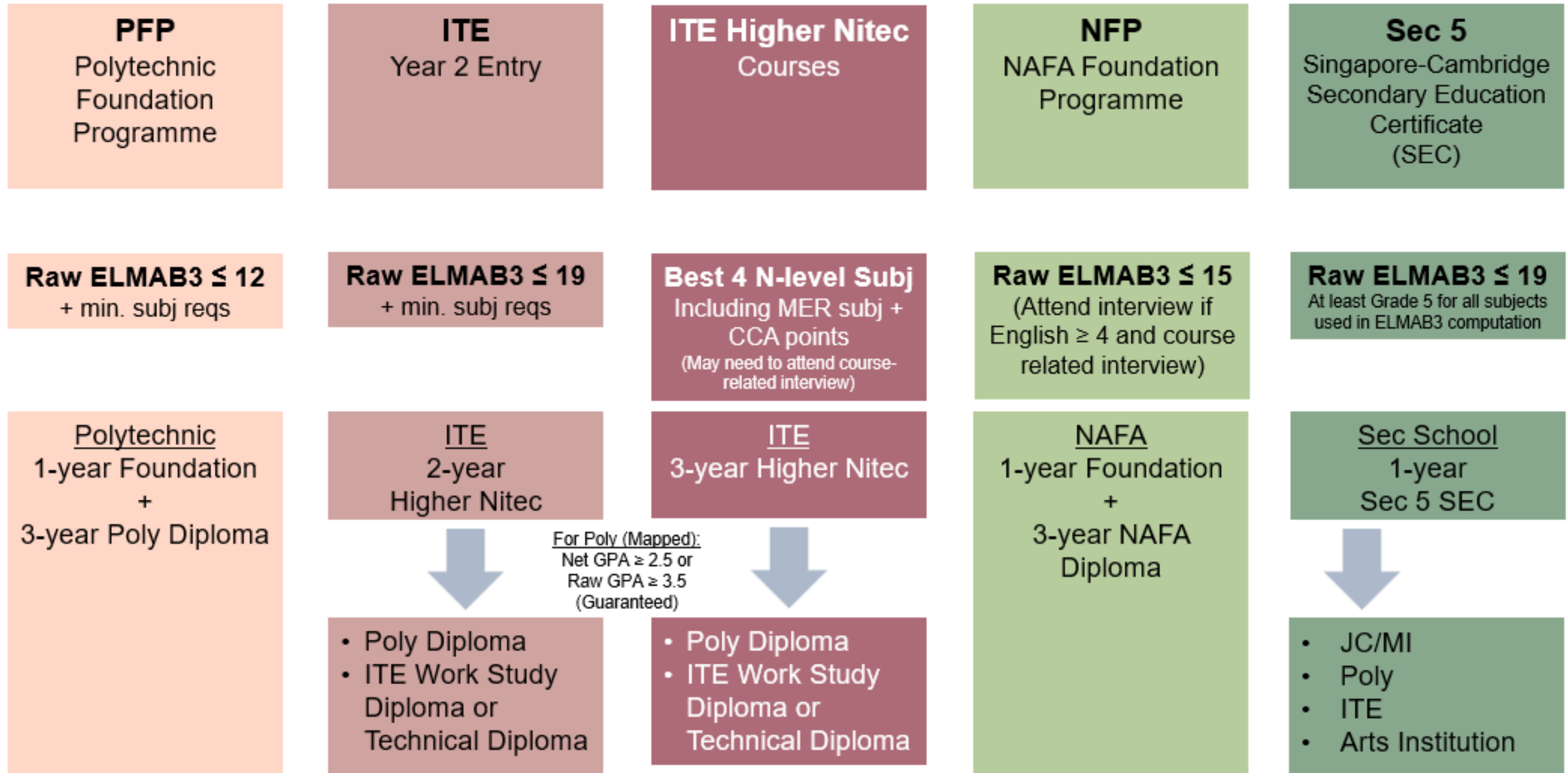
More bite-sized modules

Practice-oriented and applied learning

Cumulative GPA

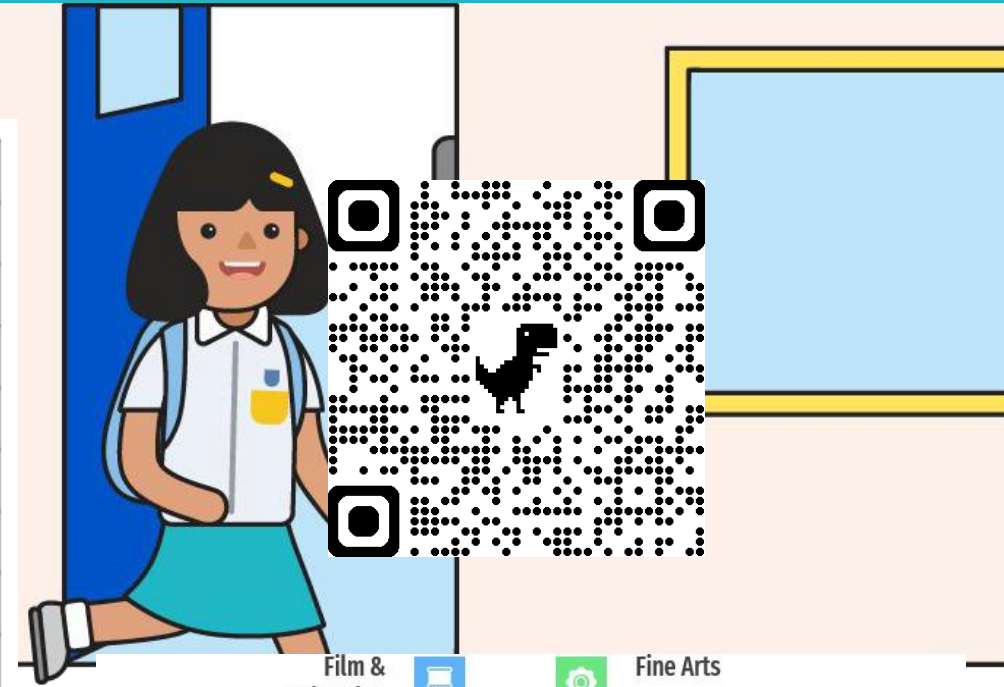
Flexible timetable

# In Summary



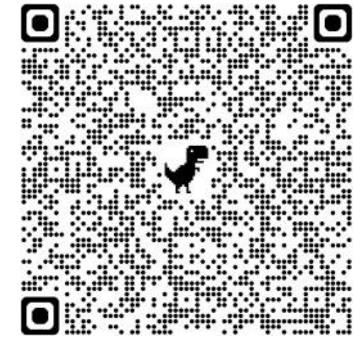
# Diploma Programmes at NAFA

Programmes	Diploma Course
Faculty of Art and Design	
3D Design	Design (Furniture and 3D Crafts)
	Design (Interior and Spatial)
	Design (Landscape and Architecture)
Design and media	Design Communication and Strategy
	Digital Illustration and Narrative
	Media Experience and Innovation
Fashion Studies	Fashion
Fine Art	Fine Art
	Art Teaching
Faculty of Interdisciplinary Practices	
Arts Management	Arts Management
Faculty of Performing Arts	
Dance	Dance
Music	Music
	Music Teaching
Theatre	Theatre (English Drama)
	Theatre (Mandarin Drama)



# Diploma Programmes at LASALLE

Faculty	Diploma Course
Fine Arts, Media & Creative Industries	Fine Arts
	Animation
	Broadcast Media
Design	Design for Communication and Experiences
	Creative Direction for Fashion
	Interior Design
Performing Arts	Audio Production
	Music
	Dance
	Performance
	Theatre Production and Management



# Admission to Arts Institutions (Diploma)

## Admission criteria (from 2028)

- ELMAB3  $\leq$  21 (4 subjects, excluding English)
- Pass in G3 English
- CCA points (max 2) may be used

## Additional requirements:

- Art & Design: Portfolio OR Admission test
- Arts Management: Personal Statement
- Dance: Practical Assessment + Interview
- Theatre: Audition Monologue + Workshop + Interview
- Music: Pre-screening + Audition

# NAFA Foundation Programme (NFP)

- ELMAB3  $\leq$  15 points or better, excluding CCA points.
- English  $\rightarrow$  Grade 3 or better

## Notes:

1. Aggregate computed using G2 grades. G3 grades will be mapped to G2 using conversion table.
2. Students who score Grade 4 or 5 in G2 English are still eligible to apply, but will be required to attend an interview. Applications will be considered on a case-by-case basis.

# Admissions to Poly Foundation Programme

1. ELMAB3 raw score  $\leq 12$
2. Meet subject-specific MERs

- One year preparatory programme
- Provisional places in **Poly clusters**
- Apply for specific diploma courses with PFP results



For more info on courses and indicative cut-off points

		NP	RP	SP	NYP	TP
<b>CLUSTER</b>						
<b>Sciences</b>		✓	✓	✓	✓	✓
<b>Humanities, Art, Media &amp; Business</b>		✓	✓	✓	✓	✓
<b>Design, Engineering &amp; Technology</b>		✓	✓	✓		
<b>SUB-CLUSTER</b>	<b>Design</b>				✓	✓
	<b>Engineering &amp; Technology</b>				✓	✓
<b>SPECIFIC DIPLOMA</b>						
<b>Nursing</b>		✓			✓	
<b>Early Childhood Development &amp; Education</b>		✓				✓
<b>Tamil Studies with Early Education</b>		✓				

# Subject-Specific Requirements for PFP

## HAMB cluster

[+ Early Childhood Development & Education/  
Tamil Studies with Early Education\*]

Subject	Min Grade
English	3
Math/ A Math	3
One of the following relevant subjects: -Art -Geography -History -Humanities (Social Studies, Geography) -Humanities (Social Studies, History) -Humanities (Social Studies, Lit in Eng) -Literature in English -Principles of Accounts	3
Any 2 other subjects (excl CCA)	4

## Science / DET clusters

[+ Nursing]

Subject	Min Grade
English	3
Math/ A Math	3
One of the following relevant subjects: -Design and Technology -Food and Nutrition / Nutrition and Food Science -Science (Chemistry, Biology) -Science (Physics, Biology) -Science (Physics, Chemistry)	3
Any 2 other subjects (excl CCA)	4

\* Students applying to the Diploma in Tamil Studies with Early Education must also obtain one of the following scores:

- Grade B4 for O-level Higher Tamil Language
- Grade B3 for O-level Tamil Language
- Grade 1 for N(A)-level Tamil Language.

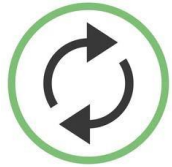
2026 PFP  
Aggregate  
Ranges

Cluster	NP	SP	NYP	TP	RP
Science	3 to 5	3 to 5	3 to 7	3 to 6	3 to 10
Humanities, Arts, Media and Business (HAMB)	3 to 7	3 to 7	3 to 8	3 to 7	5 to 10
Design sub-cluster	NA	NA	4 to 10	3 to 9	NA
Design, Engineering and Technology (DET)	3 to 12	3 to 12	NA	NA	7 to 12
Engineer and Technology sub-cluster	NA	NA	3 to 12	3 to 10	NA
Early childhood	5 to 9	NA	NA	5 to 9	NA
Nursing	3 to 10	NA	4 to 10	NA	NA

# Admissions to ITE

(2-year pathway)

Direct-entry-scheme to Polytechnic Programme (DPP)



Year 2 entry to ITE



AY2028: Admission criteria

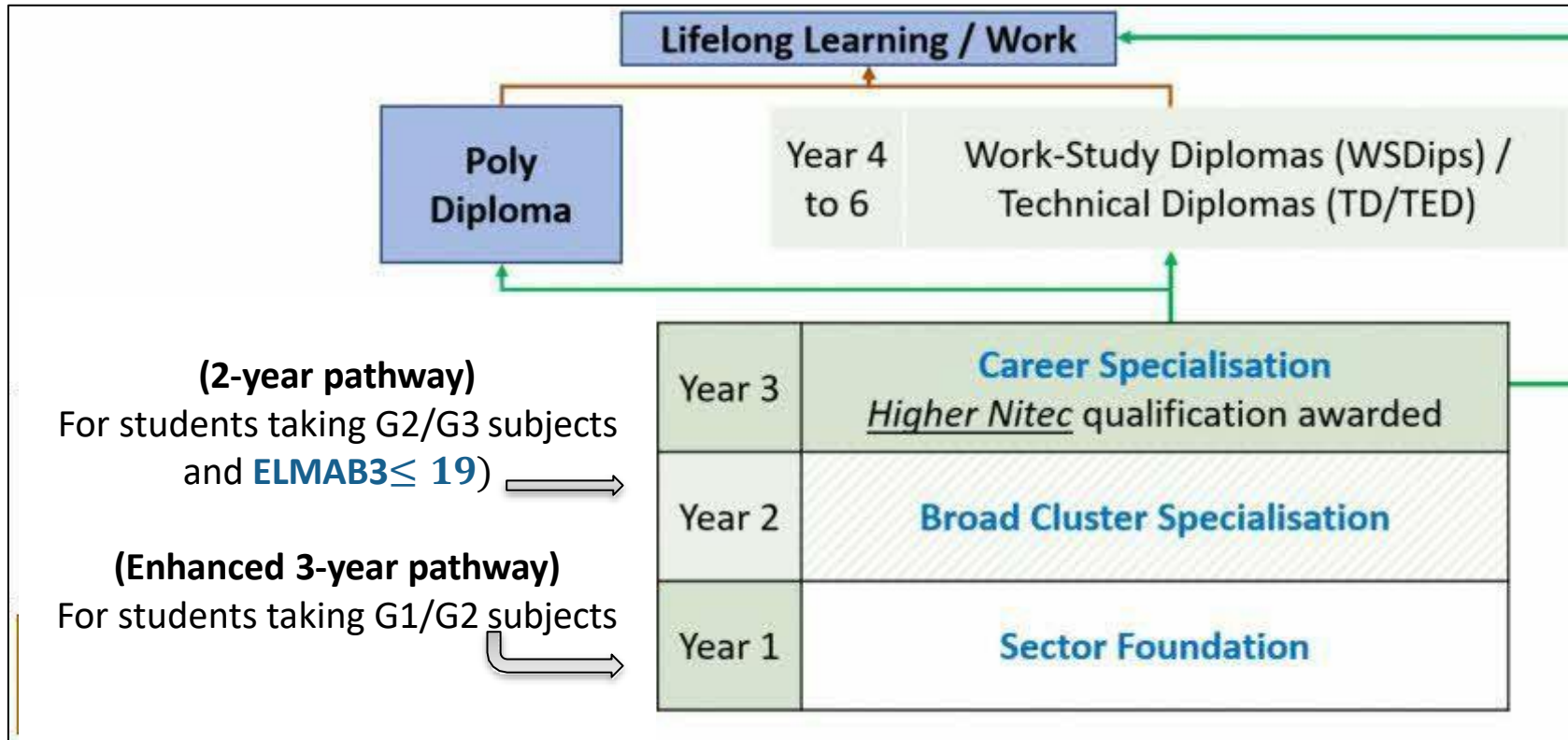


- ELMAB3 aggregate score  $\leq$  19 points
- Admission requirements will be set at G2

current eligibility  
criteria for DPP

For those taking a combination of G3 and G2 subjects, G3 subjects will be mapped to G2 for the computation of the aggregate score.

# Curriculum Framework for Higher Nitec Courses



- Gain **deeper** industry skills (3-month Industry Attachment [IA] in Year 2, and 6-month IA in Year 3)
- Common **foundational** training + specialisation = stronger foundation for further education and skills upgrading

# 3-year Higher Nitec Courses (By School)

49 courses

Mixed Form Classes  
Under Full SBB

Singapore-Cambridge  
Secondary Education  
Certificate (SEC) Exam

Post-Secondary  
Pathways

Business & Services	Electronics & ICT	Engineering	
Accounting	AI Applications	Advanced Manufacturing	Facilities Management & Engineering
Beauty & Wellness Management	Business Information Systems	Aerospace Engineering	Integrated Mechanical & Electrical Design
Business Administration	Cyber & Network Security	Applied Food Science	Landscape Management & Design
Customer Experience	Data Engineering	Architectural Technology	Marine & Offshore Engineering
Event Management	Electronics Engineering	Automotive Engineering	Mechanical Engineering
Hairdressing & Salon Management	Immersive Applications & Game	Bio-Chemical Technology	Mechatronics Engineering
Logistics & Supply Chain Management	IT Applications Development	Chemical Process Technology	Rapid Transit Engineering
Passenger Services	IT Systems & Networks	Civil & Structural Engineering	Vertical Transportation
Retail & Online Business	Operational & Information Technology	Electrical Engineering	
Sport Management	Security System Integration		
Tourism			
Design & Media (CC)	Health Sciences (CE)	Hospitality (CW)	
Communication Design	Community Care & Social Services	Culinary Arts	
Film & Video Production	Nursing	Hospitality Operations	
Interior & Product Design	Opticianry	Pastry & Baking	
Technical Theatre & Production			
Visual Merchandising			

# Progression from ITEs to Polytechnics

## From AY2027 Poly intake

- Review of GPA eligibility to poly from net 2.0 to **net 2.5** for Higher NITEC graduates
- **Guaranteed poly admission for all Higher NITEC students with a minimum raw GPA of 3.5**
  - Top 10% (~1,000) of Higher NITEC graduates across all courses will be guaranteed a place in a polytechnic diploma mapped to their ITE course.
  - Those who wish to progress to an unmapped course can seek admission through the Early Admissions Exercise.

# Progression

To secure direct entry into a relevant diploma programme at a polytechnic, you must satisfy the following eligibility requirements:

Higher Nitec Course	Progress to 1 <sup>st</sup> Year in relevant Polytechnic Diploma Course	Progress to 2 <sup>nd</sup> Year in relevant Polytechnic Diploma Course
Applied Sciences	ITE GPA ≥ <b><u>2.5 points</u></b> (excluding CCA bonus points)	N.A.
Engineering and Info-Communications Technology	ITE GPA ≥ <b><u>2.5 points</u></b> (excluding CCA bonus points)	ITE GPA ≥ <b><u>3.5 points</u></b> (excluding CCA bonus points)
Business & Services	ITE GPA ≥ <b><u>3.0 points</u></b> (excluding CCA bonus points)	ITE GPA ≥ <b><u>3.5 points</u></b> (excluding CCA bonus points)



# ITE PROGRAMMES

50

2-Year  
*Higher Nitec*



49

3-Year  
*Higher Nitec*



8

Technical  
Diploma



45

Work-Study  
Diploma



# HOW TO COMPUTE YOUR AGGREGATE POINTS FOR 3-YEAR

## HIGHER NITEC COURSES (NA/ G2) SUBJECTS

Normal (Academic) Grade	ITE Aggregate Points*
1, 2, 3	1
4	2
5	3
6/U	4

\* A lower aggregate point is indicative of better performance

Type of Bonus Points	Number of Bonus Points Awarded
<b>CCA Grades:</b> 1) Excellent or Grades A1 –A2	2
2) Good or Grades B3 – C6	1



# ITE DIPLOMAS (FOR ITE GRADUATES)

## ITE OFFERS DIPLOMAS!



We have **two** types of Diploma programmes: **Work-Study Diploma** and **Technical Diploma**

Our Diplomas fulfil the aspirations of our graduates for academic and career progression.

Students particularly value the **hands-on training** offered by these Diplomas, and our graduates experience **strong employment prospects**, with opportunities to **continue their education** at local universities.



# WHY ITE DIPLOMAS?

## WORK-STUDY DIPLOMA (WSDIP)

- **2.5 to 3-year apprenticeship-based programme for WSDIP**
- **Curriculum co-designed with industry**
- **Earn a competitive starting salary and enjoy employee benefits**
- **Deepen skills through structured workplace learning and mentorship**
- **Get a fully-sponsored and nationally-recognised Diploma**
- **Opportunity for further academic progression**
- **Sign-on incentive of \$5,000\***
- **\$10,000 CPF Ordinary Account top-up (ITE Progression Award)**

## TECHNICAL DIPLOMA (TD)

- 2 to 2.5 years of full-time study
- Curriculum co-designed with leading international Vocational Training and Education institutions
- Overseas learning experience in France, Germany, Hong Kong or Switzerland (depending on the course of study)
- Jointly certified by ITE and the partner institution
- Opportunity for further academic progression
- \$10,000 CPF Ordinary Account top-up (ITE Progression Award)
- \$5,000 into Post-Secondary Education Account (PSEA)

\* For fresh ITE graduates from relevant feeder courses who are Singapore Citizens and within three years of their graduation or Operationally Ready Date. Terms and conditions apply.



# ITE Technical Diploma (International Partners)



(France)

Technical Diploma in Culinary Arts with Restaurant Management



Baden-Württemberg

MINISTERIUM FÜR KULTUS, JUGEND UND SPORT

(Germany)

Technical Engineer Diploma in Automotive Engineering  
Technical Engineer Diploma in Machine Technology  
Technical Engineering Diploma in Electrical Engineering (Clean Energy)



(Hong Kong)

## Vocational Training Council

Technical Diploma in Beauty & Wellness Management  
Technical Engineer Diploma in Civil & Structural Engineering  
Technical Diploma in Health & Exercise Coaching



(Switzerland)

Technical Diploma in Hospitality & Hotel Management



“The journey has been both challenging and rewarding, and I’ve learned so much from my lecturers, peers, and family who have supported me. I’m excited to make a positive impact in the beauty industry and inspire others to pursue their passions, too.”

**Nurul Huda Binti Mohamed Azhar**

Technical Diploma in  
Beauty & Wellness Management  
ITE College East



# LIST OF WORK-STUDY DIPLOMAS

## BUSINESS SECTOR

Accountancy
Airport Operations
Community Engagement & Development
Culinary Arts & Management
Customer Experience Management (Aviation Services)
Customer Experience Management (Cabin Services)
Customer Experience Management (Lifestyle & Consumer)
E-Commerce & Retail
Event Management
Fitness Management
Hotel & Restaurant Management
Human Resource Management
Lifestyle & Recreation Management
Patient Management & Services
Security Operations
Tourism Management
Integrated Supply Chain Management (Logistics) <b>NEW</b>
Integrated Supply Chain Management (Wholesale Trade) <b>NEW</b>

## ENGINEERING SECTOR

Advanced Manufacturing
Agriculture & Aquaculture Technology
Aircraft Cabin Engineering
Aircraft Engine Maintenance
Aircraft Maintenance Engineering
Arboriculture & Horticulture
Automation Engineering
Chemical Process Technology
Electrical Engineering
Land Transport Engineering (Rail)
Land Transport Engineering (Operations Management)
Land Transport Engineering (Vehicle)
Marine & Offshore Engineering (Production)
Mechanical Systems Engineering
Microelectronics (Equipment)
Microelectronics (Process)
Port Automation Technology <b>(in-service only)</b>
Security Systems Engineering

## INFORMATION & DIGITAL SECTOR

Cloud Management & Operations (Infrastructure Support)
Cyber Security & Forensics
Data Centre Infrastructure & Operation
Electronics & Computer Engineering (Applied Electronics & AI)
Electronics & Computer Engineering (IoT & Data Engineering)
IT System Integration

## HEALTH SCIENCE SECTOR

Nursing <b>(in-service only)</b>
Opticianry
Paramedicine
Rehabilitation Care

## HUMANITIES & SOCIAL SCIENCES SECTOR

Community Care Integration & Management
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## ARTS, DESIGN & MEDIA SECTOR

Media Communication & Digital Marketing
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## BUILT ENVIRONMENT SECTOR

Architectural BIM & Design
Facilities Management
Mechanical & Electrical Services Supervision
Vertical Transportation

Over **40** WSDip Courses across 7 Sectors!



# Eligibility for 5<sup>th</sup> Year

- 5<sup>th</sup> year of secondary education allows eligible students to pace their learning and possibly offer subjects at a more demanding level to access more post-secondary pathways.
- ELMAB3, computed at G2, is used to determine students' eligibility for the 5<sup>th</sup> year.

Student profile	Subject level for subjects taken in 5 <sup>th</sup> year
Sec 4 students offering mostly G2 subjects, progressing to 5 <sup>th</sup> year to offer mostly G3 subjects	Can upgrade all subjects to G3 if $ELMAB3 \leq 19$
Sec 4 or 5 <sup>th</sup> year students offering mostly G3 subjects	Repeat subjects at same subject level
Sec 4 students offering mostly G2 subjects	



# 2027 Sec 3 Subject Combination & Considerations



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# Considerations to Subject Combinations

- Student holistic development & well-being
- Options for progression to post-secondary pathways
- Student preference
- Student demonstrated strengths
  - Overall performance in Sec 2 WAs (30%) & EYE (70%)
  - Stipulated criteria for respective subjects
- Optimisation of resources
  - Manpower, sufficient number of students in group



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# Progression Criteria

## All students generally progress to Sec 3

- Students may be offered subjects at a more demanding level taking into consideration a range of factors such as students' performance in WAs, aptitude towards the respective subjects and ability to cope with higher academic demands, e.g. G3 MTL, English or Math.



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# 3G2 Subject Combination 2027

Subject 1	English Language
Subject 2	Mathematics
Subject 3	Mother Tongue Language
Subject 4	Humanities (Social Studies, Geography) OR Humanities (Social Studies, History)
Subject 5	Science (Physics, Chemistry) OR Science (Chemistry, Biology)
Subject 6 (Choose one)	Additional Mathematics (at G2 level) Principles of Accounts (at G2 level) Art (at G3-Level)

Note: Aggregate Score is based on 5 subjects, ELMAB3

# 3G2 Criteria\* to offer Elective Subjects

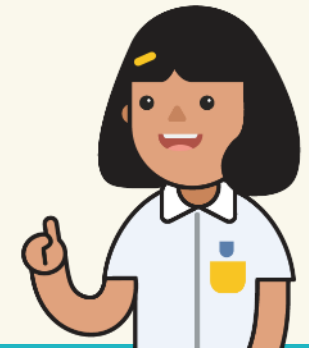
- At least 60 % in Art to offer G3 Art
- At least 50 % in Maths to offer G2 POA
- At least 65 % in Maths to offer G2 Additional Mathematics

\*Based on Sec 2 Overall results in relevant subject, with mapping if subject offered at Sec 2 G3 level

# How many / What subjects should I be taking?

1. With **5-6 G2 subjects**, you can access PFP.
2. Carefully consider your subjects based on your interests, strengths, well-being and aspirations.

✓	✗
Take time to talk to your teachers, ECG Counsellors and parents to work through your strengths, interests and aspirations	Choose based on what you think will “look good” on your exam certificate or what your friends are taking
Think about what you genuinely enjoy and what would give you time and space to develop yourself holistically	Choose solely based on what you think you will score best at



**Did you know?**  
Each additional subject you take amounts to approximately 3 hours of curriculum time a week!

# If you choose a lower curriculum load, you could...

1. Try new experiences
  - a. Learn to play the guitar or a new language, etc.
2. Grow holistically in other ways
  - a. Strengthen your leadership skills by taking on roles in class committees, CCA Exco, Student Council, etc.
  - b. Volunteer or contribute to the community
3. Deepen your learning
  - a. If you face difficulties in coping with your studies, you could devote more time to the subjects that you find more challenging
4. Take the time to... breathe and pace yourself 😊

# Timeline for 2027 Sec 3 Subject Allocation

Date	Event
17 April (Fri)	Sec 2 Meet-the-Parent Session
2026 Term 3	Sec 2 Principal Talk to students on 2027 Sec 3 Subject Combinations (to be posted in PG and school's website)
23 Oct (Fri)	Release of report book after End-of-Year Exam and online Option Exercise form (ALL EARS Form Builder) <ul style="list-style-type: none"><li>To allow students to select their desired course (must discuss with their parents) based on their overall academic performance and school's available resources</li></ul>
26 Oct (Mon)	Online Subject Allocation Exercise <ul style="list-style-type: none"><li>To submit Option Exercise form (after discussion with parents) by 5 pm on 26 Oct 2026</li></ul>
4 Nov (Wed)	Release of 2027 Sec 3 subject allocation <ul style="list-style-type: none"><li>Students are to collect subject allocation result at 8 am in school</li></ul>
7 Nov (Sat)	Submission of Appeal Forms (ALL EARS Form Builder) by 5 pm on 7 Nov 2026
13 Nov (Fri)	Release of 2027 Sec 3 subject allocation appeal via email



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# Parents' Role in ECG



Be **supporters and facilitators** of our children's education and career journey by:



- recognising that **our children are unique** and providing opportunities at home for them to **develop self-awareness** and **discover their values, interests, personality, sense of purpose, and strengths** (VIPS);



- **being aware of the various education pathways available** and how they cater to the strengths and interests of our children;



- guiding our children to **set targets in working towards their goals** and helping them **develop resilience** by encouraging them to see mistakes and failures as opportunities for growth.

# How can you better engage and support your child?



Guide your child to be open-minded, explore possibilities and understand that **there are pathways to purposeful work for everyone.**



Help him/her to **appreciate** and be **respectful towards all jobs.**



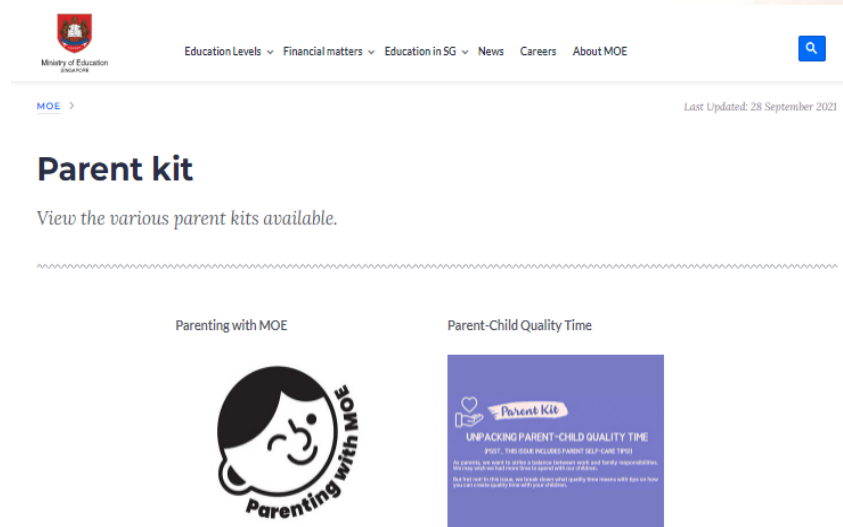
Help him/her **not to limit** himself/herself to certain education and career options **by gender or prestige stereotypes.**



Create opportunities for him/her to interact with peers from diverse backgrounds. Through these opportunities, students can embrace lifelong learning by continually developing his/her interests, skills and **create his/her own success stories.**

# Resources for Parents

- MOE has a website that provides tips and guidance on supporting your child/ward in their schooling years
- Access it via <https://www.moe.gov.sg/parentkit> or scan the QR code:



Your child can book a slot to chat with the ECG counsellor about their educational and career aspirations.

**Ms. Christina Ho**  
**Education & Career Guidance Counsellor**

WHEN: Every Mon & Tue  
8.30am to 5.00pm

WHERE: ASE Room (Level 1, Classroom Block)

E-MAIL: [ho\\_yuin\\_ching\\_christina@moe.edu.sg](mailto:ho_yuin_ching_christina@moe.edu.sg)

For appointment booking, please scan the QR code or go to <http://go.gov.sg/book-ecg-gess>



<https://go.gov.sg/book-ecg-gess>

# Channels of Communication (Reaching Out to School)

- Parents Gateway
- Term Letter to parents
- Email addresses of staff on school website
- Generic School Email Address: [gess@moe.edu.sg](mailto:gess@moe.edu.sg)
- General Office Contact: **64745594**

## CESS Social Media Platforms



## Teachers

- Contactable during office hours on weekdays
- Will reply within 3 working days

CONTACT US



# Latest Resource: Parenting for Wellness Toolbox



## parenting for Wellness

Toolbox for Parents

Brought to you by



Ministry of Education  
SINGAPORE



Building Relationships Page 20

### Helping Your Child Build Healthy Relationships

Healthy relationships and supportive networks contribute to your child's overall well-being, and allow them to experience a sense of community and belonging.

**Things You Can Do**

- Expose your child to a range of social situations.**
  - For younger children, create opportunities for them to interact with other children of similar ages (e.g. attend school camps).
  - For older children, encourage them to make friends with peers who have similar interests.
- Encourage your child to strengthen existing relationships.**
  - Promote healthy relationships with supportive extended family members.
  - Encourage your child to stay in touch with their friends and trusted adults (e.g. meet up with former classmates, visit former teachers or teachers' Day).

**Things You Can Say**

- Talk to your child about the qualities that make a good friend (e.g. empathy, being respectful), and how to exhibit these qualities.

When you see your child being helpful, let yourself in their shoes. How would you want a friend to support you?
- Older children are often figuring out the balance between being themselves and fitting in with others. Stay connected with your child and let them know that they can talk to you if they feel pressured to act in ways that they are uncomfortable with.

If you ever feel pressured to do something or be someone you are not in order to fit in, please know that you can come to me to share your thoughts and struggles. We will work through that together.
- Listen to your child's problems and ask probing questions to help them find ways to resolve their friendship issues.

How has this affected you or your friend?

What are your expectations of a good friend?

How can you make things better?

you've

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The Toolbox for Parents comprises **bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.



Ministry of Education  
SINGAPORE





# PARENT-TEACHER ASSOCIATION

*Together, We Nurture. Together, We Grow.*

✉ [GESSPTA21@gmail.com](mailto:GESSPTA21@gmail.com)

# Who Are We?

## Our Mission

The PTA is committed to promoting close co-operation and understanding between parents, principal and teachers — and providing the necessary support to create a conducive learning environment that brings out the best in every student.

## Our Objectives



Promote co-operation between parents, principal & teachers for student welfare



Provide opportunities for open discussion on student education matters



Foster social interaction and fellowship among parents and teachers



Provide financial assistance to students in need



# Thank you !

This is our school  
We dwell here,  
In contentment,  
We abide here,



**ONWARD**  
Gan Eng Seng School



<https://go.gov.sg/ganengsengschool>



Website



<https://go.gov.sg/ggess>



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